



# PERFECT EEL 1



In-office solutions  
for troubled skin

Patient Booklet

## UNIVERSAL

Recommended for sensitive skin and first time peel patients  
FOR FITZPATRICK SKIN TYPES I-II-III-IV-V-VI

## INTERMEDIATE

Recommended for sensitive to normal skin  
FOR FITZPATRICK SKIN TYPES I-II-III

## ADVANCED

Recommended for normal to tolerant skin  
FOR FITZPATRICK SKIN TYPES I-II-III



## Introduction

### New Generation of Chemical Peels

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These medical grade, in-office, aesthetic treatments are formulated to deliver the desired results for the motivated patient that wants a peel. The hallmark of The Perfect 10 Peels is that they provide visibly apparent skin peeling. Within days the patient's skin will be smoother and softer with a more even-tone. The Perfect 10 Peels contain a synergistic blend of ingredients that visibly reduce the signs of aging. Each component of the system has been formulated with soothing and calming antioxidants to support these effective peeling agents. The first acid step in the peel (Step 2) **contains a rich blend of well known and effective alpha and beta hydroxy acids and amino acids** to maximize exfoliation and gentle peeling. The second active step in the peel (Step 4) features an **All-trans-Retinol Complex** to enhance and augment the effects of this uniquely powerful peel treatment.

#### The Perfect 10 Peels:

- Visibly improve many skin indications
- Support healthy skin function
- Offer strong efficacy
- Scientifically formulated blend of complementary ingredients

**CONVENIENCE** - 10 minute peel • little to no down time • peel process is completed in 7-10 days

**COMFORT** - Virtually painless peel • minimal discomfort

**SUPERIOR QUALITY** - Pharmaceutical grade ingredients  
• optimized results

**TOLERABILITY** - Well tolerated • minimal irritation • less surface trauma

**PREDICTABILITY** - Peeling will be visible 2-3 days after the procedure

**SUPERIOR RESULTS** - Highly effective blend of complementary acids yields results with just one treatment

### Who should consider The Perfect 10 Peel?

Anyone who wants to maintain healthy skin function and improve their skin tone and texture, such as those patients with photo-damaged skin and uneven skin tones. Talk to your medical professional to determine which peel system is right for your skin conditions.

### What types of skin respond well to the The Perfect 10 Peel?

Your skin care professional will determine if you are a candidate for **The Perfect 10 Peel**.

### What should you know about the peel procedure?

The peel is applied topically, by trained and skilled skin care professionals. The entire procedure should take approximately 15 minutes. You will feel a slight tingling and heat sensation for a few minutes which subsides after STEP 4 application (All-*trans*-Retinol Complex).

### How much will I peel?

The skin peeling, associated with **The Perfect 10 Peel**, is light to moderate, yet substantial and visible. Peeling generally starts 2-3 days after the peel, and should take about 7-10 days to completely peel and heal. You can start the antioxidant moisturizer the evening of the peel and continue until peeling is completed.

### What results can you expect after the The Perfect 10 Peel?

- Smoother and softer texture
- Improved tone
- Youthful, radiant look
- Diminished appearance of wrinkles, fine lines and pore size
- Increased skin radiance and luminosity
- Reduction in the appearance of dark spots
- Unclogged pores

### Will results be long lasting?

**The Perfect 10 Peel's** results will last as long as your skin is maintained with a proper Skin Care Regimen (as customized by your physician or skin care professional). **The Perfect 10 Peel** can be performed monthly or as determined by you and your skin care professional.

### How many peels can you do and how far apart should they be done?

For most patients, we recommend a minimum of one month in between peels. The frequency and number of peels depends on various factors and should be determined by you and your skin care professional.

### Will my skin be more sensitive after The Perfect 10 Peel?

Yes, the skin will be more sensitive during the active peeling and healing period (approximately 7-10 days). It is recommended you use an antioxidant moisturizer and sunscreen to protect your skin during this time and avoid direct sunlight. Soothing Recovery Ointment or 1% Hydrocortisone product may be recommended as necessary, depending on your level of sensitivity and dryness.

### Can I go in the sun after The Perfect 10 Peel?

Avoid direct sunlight and apply a physical sunscreen, SPF 30 or higher, liberally, even on cloudy days.

ACCELERATE YOUR JOURNEY TOWARD HEALTHY BEAUTIFUL SKIN



Follow all physician and skin care professionals instructions associated with the procedure.

**Before the treatment**

Consult with your skin care professional for pre peel instructions and regimen

**After the treatment it is important you:**

- Avoid direct sun exposure
- Wear a physical sunscreen, SPF 30 or higher, daily
- Avoid pulling on flaking/peeling skin
- Avoid scratching and rubbing peeled areas
- Avoid aggressive scrubbing agents such as loofahs or gritty facial scrubs, and picking, scratching or rubbing your skin

If you have any additional questions about **The Perfect 10 Peel** please speak to your skin care professional.





Results you can see

BASELINE



POST 2 INTERMEDIATE PEELS



BASELINE



POST 2 INTERMEDIATE PEELS



ACTIVE UNIVERSAL PEEL PEELING



ACTIVE UNIVERSAL PEEL PEELING



ACTIVE INTERMEDIATE PEEL PEELING



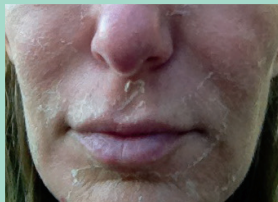




VISIBLE PEELING & HEALING



VISIBLE PEELING & HEALING



PEEL APPLICATION



STEP 2 - FROSTING



STEP 2 - FROSTING



STEP 4 - RETINOL





# 10 Weeks to PERFECT Skin

## Who is not a candidate for The Perfect 10 Peel?

The use of this product is contraindicated in the following groups of patients:

- Patients who are nursing or pregnant
- Patients with rosacea, atopic dermatitis, seborrhea, connective tissue diseases (ex. Scleroderma), active inflammatory acne
- Patients prone to keloid formation and patients that have active herpes or warts
- Patients undergoing radiation and/or chemotherapy treatments
- Patients who have previously not tolerated topical retinoids and alpha or beta hydroxy acid products
- Not recommended for Fitzpatrick IV-V-VI skin types (Intermediate and Advanced Peels only)

Additionally, patients that are on Isotretinoin should wait three (3) to six (6) months after their last dose to make sure their skin is no longer dry, red or peeling.

[For questions please consult your physician or skin care provider](#)